

# A Few Words From Shane and the Tennis Department. . .

As your friendly tennis department, we feel that it is essential for us to discuss proper nutrition. To make this an enjoyable and residual reading experience, we've decided to bust a rhyme.



So you think you've got what it takes to play tennis?  
Well you better not let an empty stomach be your menace.  
To move and breath and feel "Wekeela" good,  
You gotta eat right and not just say you should.  
We say success is a series of decisions.  
But without the right nutrition the mind has no precision.  
Without proper precision, constructive thoughts cannot flow.  
So you tell me, without fulfilling food can we grow???

**It's a B Day**

## Seven Questions with Seth

**Name** - Elizabeth "Libby" Masiuk

**Nickname** - WaWa-, 7-11, Boone

**School/ Major** - U Penn/ Classical Studies

**Favorite Food** - Stir Fry Tofu

**Favorite Muppet** - Swedish Chef



**Would you rather eat a stick of butter or Brad Ewing's smelly, left gym sock?** - Given my expertise as a campfire-cooking instructor, I think I could whip up a tasty dish by frying B-Rizzle's sock and coating it with butter....

**Who would win in a fight: Spiderman or Batman?** - This question is not quite as simple as it first seems. After all, Spiderman is a Marvel character. Batman exists in the DC universe. In other words, Spiderman and Batman inhabit totally different "dimensions." It is unlikely that these characters would have an opportunity, let alone the motivation to fight one another. These considerations aside, lets address the issue at hand. Batman does possess extraordinary strength and intelligence. However, it's Bruce Wayne that Alfred tucks in at night. When it comes right down to it, Batman is nothing but a regular guy who dresses up in a tight costume. On the other hand, Spiderman possesses superhuman strength and agility, not to mention genuine superpowers. Frankly, the deck appears stacked in Spiderman's favor. However, appearances can be deceiving. In DC's trade-paperback "The Dark Knight Returns," Batman defeats Superman in an epic contest of willpower, technology and sheer physical resolve. Most comic enthusiasts would agree that Superman could easily defeat Spiderman. Thus, by a process of logical induction, Batman could defeat Spiderman. I stand by this answer.

### Wednesday's Menu

**Breakfast-**  
Hot oatmeal, cereal  
Yogurt  
Blueberries and strawberries  
French toast sticks

**Lunch-**  
Hamburgers and Hot Dogs  
Veggie Burgers  
Baked Beans  
Popsicles

**Dinner-**  
Chicken Stir Fry  
Vegetable PrimaVera  
Garlic Bread  
Chocolate cake



The Wigwam is updated online daily at <http://www.campwekeela.com>, see you there!